



REFINERY29



LOG IN

REGISTER

FASHION BEAUTY LIVING WELLNESS ENTERTAINMENT LOCAL SHOPPING



# 10 Fit-Cations Totally Worth The Trip

SEE ALL



7 OF 11



Like 90 people like this. Sign Up to see what your friends like.

Tweet



PHOTO: COURTESY OF GRAMERCY PARK HOTEL.



7 OF 11



## Healthy Hospitality

Even if you aren't embarking on a specific wellness retreat, you can still reap the benefits of a more health-conscious hotel industry. The [Gramercy Park Hotel](#) has partnered with [Cyc Fitness](#) for the "Get Cyc'd For Spring" package, which includes a Cyc class and the chance to cool down with homemade juices by way of the new room service menu.

[Gramercy Park Hotel](#), 2 Lexington Avenue (at 21st Street); 212-920-3300.

SHARE THIS STORY

TWEET THIS STORY

WELLNESS / FITNESS / Fitness Retreats - Best Vacations For Wellness, Health

**Comments** Community

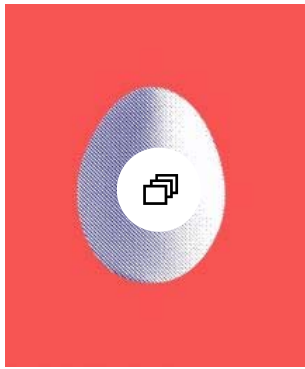
Login

Sort by Best

Share  Favorite 

 COMMENTS 

## 👁 MORE SLIDESHOWS



**12 Natural Spring Snacks We Can't Get Enough Of**



**9 Amazing Weeknight Recipes To Inspire You**



**The Secret To French-Girl Style? It's What You *Don't* Wear**



**10 Ways To Mix & Match Your Swimsuits**



**REFINERY29 NEWSFEED**

LIKE US! WE'LL FEED YOU THE LATEST

**COMPANY**

[ABOUT](#) [NEWS](#) [ADVERTISING](#) [FEEDBACK](#) [WE'RE HIRING](#)

**CONNECT WITH R29**

[f](#) [p](#) [t](#) [i](#) [s](#) [r](#)

© 2013 REFINERY29 [TERMS](#) [PRIVACY](#)

MADE WITH [IN NYC](#)